



2011 Safety Expo

April 19-21 – Cosumnes River College, Sacramento

2010 Safety Expo – Session List

Compliance Certification Track

- ❖ Accident Investigation
- ❖ Aerial Boom and Scissor Lift Certification – (offered each day)
- ❖ Basic CPR First Aid Training for Adults (offer twice on two days; once on the last day)
- ❖ Cal/OSHA 10-Hour Hazard Awareness for Construction Certification
- ❖ Cal/OSHA 8 Commercial/Residential Construction Combo
- ❖ Competent Person Excavation
- ❖ Forklift Class 4,5 &7 Certification – (offered each day)
- ❖ OSHA 10-Hour Outreach
- ❖ OSHA Training Institute – Managing Excavation Hazards

General Construction Safety Track

- ❖ Basic Crane Safety Awareness
- ❖ Basic Scaffold Awareness: Residential Construction
- ❖ Cal/OSHA Consultation & Cal/OSHA Enforcement: Separate But Equal
- ❖ Cal/OSHA Fall Protection
- ❖ Cal/OSHA Heat Illness
- ❖ Cal/OSHA Just Showed Up! What Now?
- ❖ Can Your Harness Kill You? Fall Rescue
- ❖ Commercial Scaffold Safety & Hazard Awareness
- ❖ Confined Space
- ❖ Conflict Resolution
- ❖ Cut'n Nail Skillsaw & Pneumatic Nailer Safety Cal/OSHA e-tools
- ❖ Don't Get Shocked – Electrical Safety for Construction
- ❖ Don't Get Shocked: Electrical Safety for Construction
- ❖ Emergencies and Major Incidents: Is Your Company Prepared to Respond?
- ❖ Fall Protection
- ❖ Flagger
- ❖ Haz-Whopper Intro
- ❖ Hearing Conservation
- ❖ Heat Illness – “How It Really Happens
- ❖ Intro – The 1st 72 Hours of a Crisis: Would You Be Prepared?
- ❖ Ladder Safety
- ❖ Lead Hazards in Construction
- ❖ Loc-out/Tag-out
- ❖ Of Course They Can Train People, They're Supervisors
- ❖ PPE Respirator Hearing, Eye, Head, and Face Protection Regulations and Selections
- ❖ Rolling Scaffold Training
- ❖ Silica Dust Hazards in Construction
- ❖ Site Safety Basics Residential Construction
- ❖ What the Heck is Selfish Safety
- ❖ What You Wanted to Know About Hazard Communication
- ❖ Working Around Heavy Equipment

(Construction) Management Track

- ❖ Understanding, Interpreting & Negotiating Your Construction Contract
- ❖ Saving Money With A Modified Work Program
- ❖ Beyond OSHA – Practical Ways to Prevent Injury & Protecting the Bottom Line
- ❖ California Prevailing Wage & Apprenticeship Requirements
- ❖ Claims Management: Procedures, Deadlines, Forms & Questions
- ❖ In-use Off-road Diesel Vehicle Regulation
- ❖ In-use On-road Diesel Vehicle Regulations
- ❖ Effective Fleet Management Practices: A Road to Success
- ❖ Getting That Old Clunker Tuned Up: How to Get Your Safety Programming Up To Speed
- ❖ How To Be A Stimulus Contractor!
- ❖ How to Manage Serious & Willful Injuries at the Workplace
- ❖ Industrial Athlete
- ❖ Managing the Legal & Cost Issues of Construction Operations



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- ❖ Managing Your Employees Within the Law
- ❖ Reducing health Insurance Costs
- ❖ Worker's Comp Cost Containment
- ❖ Workplace Investigations

Green Workshop Tracks

- ❖ 2010 California building Code Part I & II
- ❖ Building Green for Less Green
- ❖ Building Grid Neutral Buildings
- ❖ Construction & Demolition Waste – What Do We Do With It?
- ❖ Green Building from the Contractor's Perspective
- ❖ LEED: An Introduction to LEED for Contractors
- ❖ Sacramento Green Building – Case Studies
- ❖ Shrinking Your Carbon Footprint

Public Equipment Managers Association (PEMA) – Hands-on Training Track

- ❖ Automotive Air Conditioning System
- ❖ Automotive Body Controls/Serial Data
- ❖ Basic Hydraulics
- ❖ CA Title 13 Emergency Lighting: Public & Private Vehicles
- ❖ California Air Resources Board Diesel Emission regulations Overview
- ❖ CHP BIT Inspection
- ❖ Heavy Truck Air Brakes Overview
- ❖ Intro to Hybrids
- ❖ Mode 6 Diagnostics
- ❖ Multiplexing
- ❖ Onboard Diagnostics II (OBD II)
- ❖ Vehicle Evaporative System Diagnostics

Special Project Tracks

- ❖ Cal/OSHA Consultations New Development & Updates
- ❖ VIP Forum – “You Can't Plan For A Crisis While You're Having One

CRC – Hands-on Training Tracks

- ❖ Oxygen Acetylene Cutting
- ❖ Plasma ARC Cutting
- ❖ Electric ARC Welding Safety